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 Kivel Campus of Care is a constituent agency of the Jewish Community Association.

Volunteers...continued from page 11 to give them both hope and insight into best practices and finding the right provider and the right team," she says. "Even if I help one person and make their path a little easier. That's all I think about."

Stu Turgel: A voice for community service
 By Leisah Woldorf

After his retirement from a 42-year career in the nonprofit sector, Stu Turgel wasn't sure what he should do next. "From the time I retired, I wanted to be very careful and deliberate about figuring out what I wanted to do to fill my time," he says. "I allowed myself to be very selective to do the things that I wanted to do and that I thought would contribute something to the community."

His first step after retiring as president and CEO of the Jewish Community Foundation of Greater Phoenix in 2013 was to take on a multiyear consulting contract

in college, and while serving in the Army during the Vietnam War, he trained at the Department of Defense Information School and graduated from the military broadcast journalism program. "The last time I was on air was in 1969 when I was with the Armed Forces Radio and Television Service," Turgel says. "I originally thought that was the direction my career was going to go."

His friend told him about Radio Phoenix, an Internet-based community radio station, and Turgel went through the station's training program. "The technology has changed since 1969 when we used to edit programs on magnetic tape," he notes.

He developed "The Phoenix File," a weekly news magazine broadcast that features conversations about people, programs and issues that make a positive impact on the quality of life in the Greater Phoenix area. Most of his guests represent nonprofits. "My passion is to enable organizations to better tell their story," he says.

Turgel records the show from 6:30 to 7 p.m. Tuesdays and says it is the most time-intensive of all his volunteer commitments, taking three to four hours each week, which includes selecting his guests, conducting research and writing his script. The public can listen at radiophoenix.org.

He also serves as vice chairman on the board of the Arizona Community Media Foundation, the nonprofit that owns and operates Radio Phoenix; is a board member of DUET, a nonprofit that offers services for older adults, and assists with board governance, marketing and communications; and is a mentor for SCORE, a network of volunteer, expert business mentors.

Since "The Phoenix File" debuted in October 2016, Turgel has recorded more than 50 shows, which are available online at thephoenixfile.net/podcasts. "It's been great fun," he says.



Retiree Stu Turgel hosts a weekly program on community-based station Radio Phoenix. (Photo courtesy Stu Turgel)

with Dental Lifeline Network, a Denver-based nonprofit.

He next pursued his first post-retirement volunteer opportunity, with the Talking Book Library, a nonprofit that provides publications in alternate formats to people with visual or physical challenges. He recorded books for the organization years ago in Colorado, but this time around he chose to volunteer as an outreach coordinator, representing the nonprofit at health fairs and other events.

As Turgel was considering additional options, a discussion with a friend led him to thinking about his initial career plan — broadcast journalism. "From the time I was a little kid, I was fascinated with radio," Turgel says.

He majored in broadcast journalism

George and Ann Corrigan: IMPACT food bank volunteers
 By Marilyn Hawkes

When George and Ann Corrigan moved to the Tucson area from Hawaii in January 2016, they wanted to find a volunteer opportunity at a food bank. The couple, both 79, started a food pantry in Hawaii through their church and ran it for seven years. "We really wanted to continue that sort of (volunteer work)," George says.

They discovered IMPACT of Southern Arizona, a nonprofit organization that provides individuals and families with much

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www.lovinlifeAfter50.com